

**COME BACK BALL CAN ALSO BE PLAYED WITH A FRIEND.
ONE CAN THROW THE BALL AND THE OTHER CATCHES.
SEE WHO CAN CATCH THE BALL THE MOST!**

INSTRUCTIONS:



**SECURE AROUND
WRIST OF
THROWING HAND.
STRING SHOULD BE
ON INSIDE OF WRIST.**



**START BY THROWING BALL 9' - 10'
OUT AND 3' - 5' HIGH.
AS YOUR SKILL INCREASES,
SO CAN YOUR SPEED & DISTANCE.**



BALL COMES BACK!

**TO START, CATCH WITH
BOTH HANDS AS
YOUR SKILL IMPROVES
CATCH WITH ONE.**

**THROW AWAY FROM HEAD & BODY.
KEEP AWAY FROM HEAD & NECK.**